

SuperPower Sort

Goal

Students explore and bucket strengths into 4 power domains (People, Achieving, Ideas, Voice). Each team identifies a strength they value most, with high school mentors balancing choices and modeling their own. Then they come together and choose **One Power word** that they all collectively value.

Time (30 min total)

Step 1:

Introduction (10 min)

- Mentor Reads Aloud (or summarizes in own words):
“Everyone here has strengths — things you’re really good at, or ways you make other people’s lives better. But here’s the fun part: our strengths aren’t all the same. They come in different flavors, and today we’re going to sort them into four big buckets of “Powers”.
Each bucket has its own color, and each one describes a different type of power:

- 💙 Blue Bucket: People Powers
These are about caring for others, being a good friend, and working well in teams.
- ❤️ Red Bucket: Achieving Powers
These are about getting things done even when it’s hard.
- 💚 Green Bucket: Idea Powers
These are about solving problems in new ways.
- 💛 Yellow Bucket: Voice Powers
These are about inspiring others with your words.

Some of the strength cards you’ll see could **fit in more than one bucket** — and that’s okay! The important part is that your team talks it through and decides where you think it belongs.”

- Now have the Team sort the power cards into the colored bins to see where they feel each word card belongs.

Step 2:

Personal Choice (10 min)

- **Each student chooses one word** from any bin that they personally value most. Multiple students can choose the same word.
- Take a badge ribbon with the same color as the bin they chose the card from and write the word on their badge ribbon. Stick this onto their Badges. (Write on the adhesive side. Adhesive side faces forward and stick to the back of the badge).

Mentor Balance

- Mentor reviews what the team chose.
- Mentor picks a balancing strength (e.g., if the team picks mostly “Achieving” words, the mentor might pick a “People” or “Ideas” strength).
- Mentor shares why that strength matters to them.

Step 3:

Reflection (10 min)

- [Optional] Each student writes down which word in each color bin they liked best (not just their personal pick) and fills out the worksheet.

Team Choice Word

- Now the Team must **choose one word they ALL collectively value** the most.
- Take a badge ribbon with the same color as the bin that word came from and write the word on their badge ribbon. Stick this onto their Badges. **All team members should be writing on the same color badge ribbon.**

Materials

- 4 mini colored bins per team (blue, red, green, yellow)
- Word cards deck (print and cut — 20–30 words)
- Badge ribbons
- Markers/pens
- Worksheet for Reflection Step

Super Power Word Choice

Write down which word in each color bin you like best (not just your personal pick)

Power Word

Power Bucket

What do you like BEST
about this Power

People

Achieving

Idea

Voice

Power Buckets

♥ Blue Bucket: People Powers

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